

MEDWAY Sport

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All four one and it's one four all!

THREE of Priestfield's worst-kept secrets found their way into the public domain on Wednesday.

Matty Jarvis was transferred and both Craig Armstrong (right) and Delroy Facey officially named as new signings.

As we revealed several weeks ago, Armstrong and Facey were done deals, but Gills chairman Paul Scally kept to his script, made on Monday, when he named two other newcomers.

Midfielder Barry Cogan and midfielder/defender Aaron Brown joined the club as free transfers from Barnet and Swindon respectively.

Said Scally: "They all want to be here. They are all strong players in their own field and want to win things, which is why we have brought them in."

Jarvis, meanwhile, moved on to Wolves (on a two-year contract) after the two clubs agreed a fee rather than leave it up to a tribunal.

Scally declined to disclose how much Wolves had paid, but it is believed to be around the quarter of a million mark.

"We offered Matty a very good deal to stay at the club and he chose not to take it," said Scally. "That's his choice and he has done very well out of it and that's all I have to say since I'm only interested in players already here or want to be here."



Now that's what you call sticking it to the man!

ESPECIALLY when you've just won three gold medals in a European Championship like Walderslade Ermar Alexander.

The 30-year-old is a 5th dan black belt at stickfighting, which originated in the Phillipines and which he only started practising eight years ago.

Since then Ermar, the son of a filipino mother, has won two world titles, is three-time unbeaten low armour champ and current British open champion at knife fighting.

He's now started running his own classes at Fitness First in Walderslade. Five students are put through their paces on Friday nights (8pm

to 9pm), while he has started other classes at Shepherd's Bush, Covent Garden and East London.

He describes his form of stickfighting - Eskrima Kali Arnis - as a martial art like kendo in that competitors wear headgear and body armour.

His golds, in Italy, came in the Under-75kg category single stick, double stick and akea (Italian points system) categories and he said afterwards: "This form of stickfighting takes me to the edge and I like to be challenged both mentally and physically."

He defends his world title in the Phillipines next year. That's when he can be called the best.

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